

# Pacific Medical Group LLC

(WC)

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Primary Care Medicine

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## PATIENT INFORMATION

Name \_\_\_\_\_ Date \_\_\_\_\_

Sex \_\_\_\_\_ Marital Status \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Home Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Occupation \_\_\_\_\_ Who referred you to our office? \_\_\_\_\_

Social Sec. # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Bus. Phone (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Employer \_\_\_\_\_

What is your preferred contact phone number? Home Cellular Work

May the office staff leave a message, for you at this number? Yes No

EMERGENCY CONTACT: Name \_\_\_\_\_ Phone \_\_\_\_\_

## INSURANCE INFORMATION

Insurance Co. \_\_\_\_\_ Phone # \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Date of Injury \_\_\_\_\_ Claim # \_\_\_\_\_

ADDITIONAL INSURANCE (Secondary Insurance)

Yes No If Yes Complete the following:

Name of insured \_\_\_\_\_ Relationship to Patient \_\_\_\_\_

Insurance Co. Name \_\_\_\_\_ Phone # \_\_\_\_\_

Insurance Co. Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Group # \_\_\_\_\_ Employer # \_\_\_\_\_

How much is your deductible? \_\_\_\_\_ How much have you used? \_\_\_\_\_ Max. annual benefit? \_\_\_\_\_

## MECHANISM OF INJURY

Please explain in detail how your accident happened \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Did you report this injury in writing at your work? Yes No

Are your work activities restricted as a result of this accident? Yes No

Since this injury are your symptoms *improving?* *getting worse?* *the same?*

Have you retained an attorney? Yes No

If so, name and address \_\_\_\_\_

Give date and time present injury occurred: **DATE** \_\_\_\_\_ 20 \_\_\_\_\_ at \_\_\_\_\_ AM PM

Where did you feel pain immediately after the accident? \_\_\_\_\_

\_\_\_\_\_

Did you return to work? Yes No If so, date returned to work \_\_\_\_\_

**CHIEF COMPLAINT**

What Areas of your Body are in pain from this injury? Rate worst area, first and so on. (Please include any/all areas of numbness or radiating pain, tingling or other sensations from the injury as well)

- 1. Area \_\_\_\_\_ (circle) mild moderate severe
- 2. Area \_\_\_\_\_ (circle) mild moderate severe
- 3. Area \_\_\_\_\_ (circle) mild moderate severe
- 4. Area \_\_\_\_\_ (circle) mild moderate severe
- 5. Area \_\_\_\_\_ (circle) mild moderate severe
- 6. Area \_\_\_\_\_ (circle) mild moderate severe

Please **Circle** the Quality of the main area of pain: dull aching sharp shooting burning throbbing deep nagging other areas: \_\_\_\_\_

Does any of the areas of pain radiate or travel (shoot) to any areas of your body? Yes No

Where? \_\_\_\_\_

Do you have any numbness or tingling in your body? Yes No

Where? \_\_\_\_\_

Grade Intensity/Severity (0 is no pain) 0 1 2 3 4 5 6 7 8 9 10 (10 is worst possible pain)

How frequent is pain present, how long does it last? \_\_\_\_\_

Does anything aggravate it? \_\_\_\_\_

Does anything make it better? \_\_\_\_\_

**LIMITATIONS TO ACTIVITIES OF DAILY LIVING DUE TO THIS INJURY**

Do you have problems with self-care and personal hygiene? Yes No (circle those that apply)

brushing teeth, combing hair, bathing, dressing, eating, laundry, house work, yard work,

Do you have difficulty urinating and having bowel movements? Yes No How so? \_\_\_\_\_

Do you have difficulty with communication? Yes No (circle those that apply)

writing, typing, seeing, hearing, speaking

Do you have difficulty performing certain physical activities? (circle those that apply) such as, standing, sitting, reclining, walking and climbing stairs

Do you have problems with, (circle those that apply) hearing, seeing, tasting, smelling

Do you have difficulty with such activities as (circle those that apply) grasping, lifting, walking, or weakness

Do you have problems traveling for prolonged periods either driving or flying? Yes No

Do you have difficulty sleeping and awakens with pain and discomfort? Yes No

**TREATMENT**

Who is your current treating Physician for this injury? \_\_\_\_\_

If so, give the doctor's name \_\_\_\_\_ D.C., M.D., D.O., D.D.S.

Doctor's Diagnosis \_\_\_\_\_

What treatments did you receive? \_\_\_\_\_

What Medications were prescribed? \_\_\_\_\_

Did you receive an X-ray or MRI? Yes No If yes, please bring the reports if available or what were the results?

**JOB DESCRIPTION**

Date Began Employment: \_\_\_\_\_

Job description and duties: \_\_\_\_\_

**JOB ANALYSIS:**

What regular activities do you perform at your job? **(circle the ones that apply)**

bending, stooping, squatting, pushing, pulling, reaching, twisting, turning, standing, walking, climbing, stretching, grasping, gripping, working in awkward positions

OTHER \_\_\_\_\_

**How much** do you regularly lift at your job? \_\_\_\_\_

What is the **Maximum** amount of weight you lift at work? \_\_\_\_\_

Are you required to regularly bend while lifting at your job? \_\_\_\_\_

Do you work full time? Yes No Do you Stand or Sit or both? \_\_\_\_\_

**INJURY ANALYSIS:**

**INURIES INVOLVING LIFTING:**

From what level were you lifting the object? \_\_\_\_\_

How many pounds was the object you were lifting? \_\_\_\_\_

What position were you in while you were lifting the object? \_\_\_\_\_

What type of pain did you feel immediately after the injury? \_\_\_\_\_

**INJURIES INVOLVING FALLING:**

Where at work did you fall? \_\_\_\_\_

What part of your body did you land on? \_\_\_\_\_

What other areas did you injure as a result of your fall? \_\_\_\_\_

**SOCIAL AND FAMILY HISTORY**

**FAMILY HEALTH HISTORY**

Associated health problems of relatives: \_\_\_\_\_

**Deaths in immediate family:**

Cause of parents or siblings death	Age at death
_____	_____
_____	_____
_____	_____
_____	_____

**SOCIAL HISTORY**

Do you smoke? Yes No Drink alcohol? Yes No (occasional socially daily) Recreational drugs? Yes No  
If you smoke how many cigarettes per day? \_\_\_\_\_

**RELEVANT MEDICAL HISTORY**

Current illnesses: \_\_\_\_\_  
\_\_\_\_\_

Previous injury or trauma: \_\_\_\_\_  
\_\_\_\_\_

Have you ever broken any bones? Yes No Which? \_\_\_\_\_

List Allergies or Sensitivity to what medications:  
\_\_\_\_\_  
\_\_\_\_\_

**CURRENT MEDICATIONS and DOSAGES**

Medication & Dosage	Reason for taking
_____	_____
_____	_____
_____	_____
_____	_____

**SURGURIES**

Date	Type of Surgery
_____	_____
_____	_____
_____	_____
_____	_____

I have read the above information and certify it to be true and correct to the best of my knowledge, and hereby authorize this office to provide me with medical and other healthcare, in accordance with this state's statutes.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**If the patient is a minor (under 18 yrs. of age), please supply parent/guardian information below:**

Name of Parent or Guardian \_\_\_\_\_

Home Phone \_\_\_\_\_ Cellular Phone \_\_\_\_\_

Address (if different than patient) \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_